

Hygiene Herald

President's Report

Special points of interest:

- All Day 6 CEU Course
- News from Tallahassee
- Smile Day
- Tooth Trot raises money to Give Kids A Smile
- Student News

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Greetings Everyone!!
I am very excited to be serving as 2010-2011 President of the Brevard County Dental Hygiene Association. The past presidents and board members have made the association what it is today, so it is a well-oiled machine and I am so thankful and proud to be a part of it!!

I would like to take this opportunity to thank all of the ADHA members for recognizing how important it is for you to keep your membership active and supporting our local component especially in light of what we are going through as a nation with our economy. Many of you have been affected by the economy and have had to either return full time to the work force because your husbands have lost their jobs or you have had your hours cut, finding anyway possible to support your family.

We hope that you can continue to support our profession and realize we are all in this together, as a family. Without you and your support, we wouldn't be able to have speakers come to present to us so that we can keep our licenses active. Coming to a meeting not only gets you your continuing education credits, but it also provides you with networking opportunities as well as you may learn something "out of the box" so to speak. I encourage you to attend our upcoming meetings, as we have some great speakers in the works. Please mention it to your co-workers and let's get the word out to potential members and encourage them to attend the meetings so they see the value in being a member of ADHA. If you are not a member we always encourage & invite you to come out to our meetings. We are all in this profession together!!!

I am here to represent you as a member therefore any suggestions or new ideas are always welcome!! You can contact the BCDHA Board at boardmembers@bcdha.org or me directly at tamarawelcome@hotmail.com

Have a great day!!!
Tamara Welcome, RDH
BCDHA President 2010-2011



BCDHA All Day CEU Course

Thank you to all who attended our all-day CEU class and made it a success. The event was held on March 19th at the Central Brevard Public Library. Attendees received 6 CEU's in Medical Errors Prevention, Domestic Violence, and Infectious Disease s. Our wonderful

speakers included: Rita Hallock, RDH, MED, Lori Sutherland, MS, LMHC, and Lt. Hammil from PAFB. Their knowledge of the subject matter made the course informative and engaging. Each speaker's topic met the Florida mandatory continuing

education requirements for licensure renewal.

Much thanks also goes out to those who generously donated items for our raffle baskets: Lois Barber, RDH, Crest Oral B Dental Science Liaison, Phyllis Ben-Kori, RDH, of A 1 Uniforms, 230 North Tropical Trail, Merritt Island, and Hu-Friedy .

BCC Students Elected SADHA Officers by Kendal Files

This year's symposium was not only geared towards practicing dental hygienists, but also towards students all around the state. Saturday,



October 2nd included a full day of activities for students. It included, among many things, elections of new state officers. New officers are elected each year at the annual FDHA symposium.

It is a one year term and only first year students are eligible to run. There are four state positions. They are President, vice President, Treasurer, and Secretary. This year's President is Sara Gulbrand from Brevard Community College. The Vice President is Kendall Files who also attends Brevard Community College. Cheryl Thompson attends Daytona State College and is the new

Treasurer. Jacqueline MacPherson is the new Secretary. She attends State College of Florida.

The theme of the symposium was creating links from the past to the present and future as symbolized by the hula hoops shown in the photo.

News About Senate Bill 446

Legislative Update from our Lobbyist, Trevor Mask:

On March 14, 2011, Senate Bill 446 by Senator Alan Hays (R- Umatilla) passed the Health Regulation Committee. The bill allows licensed Florida dental hygienists to apply fluoride varnishes, dental sealants

and perform dental cleanings in "health access settings" without the prior authorization or supervision of a dentist. Senator Hays, a practicing dentist in Florida, briefly explained the bill and further noted that Florida dental hygienists play a very valuable role in the dentistry profession. Following his presentation, the members

voted in favor of the bill unanimously.

Next, the bill will go to the Senate Budget Committee for another hearing. Once the bill passes the Budget Committee it will go to the Rules Committee before going to the full Senate for their consideration.



Brevard Hygienists Raise Money At 5K Tooth Trot

Brevard Dental Hygienists participated in the annual 5K Tooth Trot. Although it was a chilly February morning, participants turned out at BCC Melbourne Campus to run the course through Wickham Park to bring attention to Children's Dental Health Month.

The Tooth Trot is held each year in February by the Brevard Dental Society to raise

money for Give Kids a Smile. It is a fun way to raise money and awareness to help deserving children in Brevard County by providing no cost dental care.

Participants has the option of running or walking the course. A special congratulations to Sabra Cawby who placed first in her age group. A number of hygienists also placed in the top ten of their

age groups. There was even a children's race for the youngest runners. Door prizes along with a great breakfast also added to the fun.

The event is a great way to exercise, network, and have fun for a worthy cause. Plan to attend next year.

SADHA At FDHA Symposium by Nikki Sanchez

In November, the students of Brevard Community College Dental Hygiene Class of 2011 visited the first graders of Enterprise Elementary in Cocoa.

The dental hygiene students split up into five groups and rotated throughout the classrooms educating the Children on different aspects of dental and nutritional health. They used a fun environment with interactive games to teach the children about foods that make teeth happy or sad, how cavities happen, the importance of brushing and flossing, as well as introducing them to their first dental visit and a demon-

stration on sealants. The kids and teachers both were very interested and excited to see the hygiene students and learn about dental health. The children were learning about the scientific theory and the hygiene students left eggs and soda in each classroom for them to develop an hypothesis about what they think may happen to the egg over the weekend and it's relation to tooth cavities and acid. They received goody bags with brushes and toothpaste and the students who completed a brushing calendar received a sugar-free popsicle party at the end of the month!

The feedback from the teachers and the excitement of the children made it all worthwhile! They learned a lot in a fun way, and we can't wait to do it again.



Happy Smiles, Happy Kids

Happy Smiles Happy Kids was a great success and a benefit to many Brevard families. The project was held at the BCC Dental Clinic and received a tremendous turnout for both days. Children in need received prophylaxis, fluoride treatment, oral hygiene instructions, and emergency extractions. Phase One was held on May

10th. So many families attended that unfortunately not every child could be seen. Phase Two was held on July 19 to alleviate the demand for services from Phase One. Registered dental hygienists and dental hygiene students volunteered their time for preventive services. Local dentists volunteered their time to

perform fillings and extractions. These dental professionals believe that every child deserves a healthy smile and be pain free.

A special thanks goes to Guy and Delores Spearman whose generosity helped make the events possible.

Mission Trip to Mexico

Have you ever wanted to go on a dental mission trip to another country? Maybe you have gone before and want to go again... below is information about a Christian group going to Mexico City this July. Please consider joining Connie Maltby and other medi-

cal professionals from Brevard County for this life changing trip! If you can't go yourself, please consider financially sponsoring Connie or another trip member. For more information, please email Connie at dcMaltby@earthlink.net or call 321-639-

6456. Feel free to pass this email to others who may be interested. Thank you!



The FDHA Symposium will be held on September 22 to 25 at the Orlando Airport Hyatt. Check the FDHA web site for more information

HYPAC MEMBERSHIP FORM

NAME: _____
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CONTRIBUTION \$ _____

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HYPAC is a voluntary, non-profit, unincorporated association of Florida dental hygienists and others and is not affiliated with any political party. HYPAC operates separately from the Florida Dental Hygiene Association, Inc. The purpose of HYPAC is to provide the opportunity for individuals interested in the governmental regulation of dental hygiene to contribute to the support of worthy candidates for public office who those individuals believe will promote the improvement of the governmental process.